

OANH RETREAT

February 28 - March 1, 2020

Barbara C. Harris Camp & Conference Center
400 Sawmill Rd, Greenfield NH 03047

**“Living by these Principles has saved our lives.
Honesty, hope, faith ... ”**

- Twelve Steps and Twelve Traditions of Overeaters Anonymous, 2nd Edition

Celebrate recovery from
compulsive eating and
compulsive food behaviors!

Join your fellows in New
Hampshire for a fun weekend
of fellowship, reflection, and
spirituality. See the back
of flyer for scholarship and
registration information.

 **OVEREATERS
ANONYMOUS®**
New Hampshire Intergroup

Photo Credit: Barbara C Harris Camp and Conference Center, January 8, 2017

Together we get better. Join us for a study of our 12 Step Program and how to use it, led by an experienced OA member, with discussion and writing. Optional activities include access to the Harris Center walking trails and other retreatant-led activities.

- Check-in begins Friday after 4:30pm, the program begins promptly at 7pm, and the retreat ends Sunday after lunch.
- The weekend includes 2 nights' stay and 5 meals. Meals are served cafeteria style. If you choose to bring your own food, a small shared refrigerator & microwave are available in the main building.
- Room options include 4-person cabins, double rooms, and a limited number of single rooms. Visit www.bchcenter.org for lodging descriptions, directions, and details regarding their handicap accessible areas.
- Please indicate roommate request(s) on your registration or a roommate will be assigned to you. Your registration will be confirmed by email. A wait list will be formed after spaces are filled. **No refunds will be made after February 7th.** If you are unable to attend, you are encouraged to reach out to the Retreat Chair or seek someone to replace you.
- The retreat is fragrance-free (i.e. no perfumes, scented lotions, etc. to be worn).
- Day-trippers **ARE** permitted. However, there is a limited number of passes available, based on "first-come, first served" registration. Therefore registering ahead of time is strongly suggested.

Financial Assistance Available

Thanks to the NHI Scholarship Fund, there are a number of partial scholarships available to OA members, who without assistance, would not be able to attend. These partial scholarships will be applied to the room occupancy of your choice. **Recipients of these scholarships will be randomly selected on February 2nd** at the NHI business meeting and notified by an NHI representative the next day. If you are not awarded a scholarship, you will be responsible for the balance of the occupancy requested.

How to Register

To attend this retreat without a scholarship, you must register **no later than February 7th**. If you would like to request a scholarship, your registration must be received **no later than January 31st**. Registration options are as follows:

- Register online at www.OANewHampshire.org/2020-NHI-Retreat and pay with credit or debit card or send payment by check
- Register by mail, sending in the form below with a check for payment

Questions?

Have questions about the retreat? Please reach out to our Retreat Chair via email at nhiretreats@oanewhampshire.org.

2020 Retreat Registration Form

Please mail this completed form along with a check made out to "NH Intergroup" for the amount of the occupancy requested to: Retreat Registrar, 1 School Street, Suite 111, Bennington, NH 03442.

Name: _____ Gender: [] M [] F [] X

Address: _____

Email: _____ Phone: _____

Room Occupancy Requested

- Single: \$340
- Double: \$250 Double with Half Scholarship: \$125 Double with Quarter Scholarship: \$188
- Quad: \$205 Quad with Half Scholarship: \$103 Quad with Quarter Scholarship: \$154
- Day-Tripper: \$110 (Includes meals & registration only)
- I understand that if I don't receive a partial scholarship I'm responsible for the remaining occupancy balance or can cancel my reservation, and that **no refunds will be given after February 7th**.

Roommate Information (If applicable)

Name: _____ Gender: _____

Email: _____ Phone: _____

If you need a roommate, please explain your preferences (e.g. allergies, habits, etc.):
